

Residents in Recovery Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday
Morning					
Healing Center (8:30 - 9:15)					
		SSP	SSP	SSP	
Morning Group (9:30 AM - 11:00 AM)					
Healing Center	Arts and Crafts	Women Group TFSA	EAL	Combined Group TFSA	Women Addiction
Individual Pre-treatment Women	EAL	Women Group TFSA	Anger Mgmt	Combined Group TFSA	Women Rec
Individual Pre-treatment Men	Men Group TFSA	EAL	Anger Mgmt	Combined Group TFSA	Men House Meeting
Individual Post-treatment Women 5/7-Plex Women	Helping Women Recover	Women Group TFSA	Helping Women Recover	Combined Group TFSA	Women Rec
Individual Post-treatment Men	Men Group TFSA	Helping Men Recover	Anger Mgmt	Helping Men Recover	Men House Meeting
Women (11:15 - 11:45)					
		SSP	SSP	SSP	

	Monday	Tuesday	Wednesday	Thursday	Friday
Afternoon					
Men (1:15 - 1:45) SSP SSP SSP					
Afternoon Group (2:00 PM - 3:30 PM)					
Healing Center	Wellbriety	Seeking Safety	Winona Parenting	Seeking Safety	Shopping
Individual Pre-treatment Women	Wellbriety	Seeking Safety	Inside Out	Seeking Safety	Women House Meeting
Individual Pre-treatment Men	Wellbriety	Seeking Safety	Inside Out	Seeking Safety	Men Rec
Individual Post-treatment Women	Wellbriety	EAL	1 on 1s	Teambuilding Community Meeting	Women House Meeting
5/7-Plex Women			Winona Parenting		Off
Individual Post-treatment Men	Wellbriety	1 on 1s	EAL	Teambuilding Activity	Men Rec